

Keeping Your Child Safe in Public School

Public schools have taken on the role of social engineers and are increasingly slipping sex and gender messages into the curricula, and not just in family life education (FLE) units during health class. From inviting transgender adults to [read transgender storybooks to kindergartners](#), to showing [TED Talks](#) from the Mermaids transgender organization during sixth-grade classes, to [handing out genderbread and gender unicorn diagrams](#) and then quizzing high school students on them, public schools have proven over and over again that they are no longer institutions parents can trust with their children's innocence, or even their sense of what's true and real.

Following are some suggestions to help parents become more aware of what's happening at school, and to let teachers and administrators know that parents are paying attention.

You may not have the time or energy to do everything on this list, and that's okay. Do what you can. If nothing else, we recommend [connecting with other parents](#) in the schools who have similar concerns to yours, and then working together as a team.



“The philosophy of the school room in one generation will be the philosophy of government in the next.”

Abraham Lincoln



For More Information & Assistance

[Information on Parents' Rights in Public School](#)

[Support for Parents re. Rapid Onset Gender Dysphoria](#)

[Parent Resource Guide on the Transgender Issue](#)

[Help for Dealing With a Trans-Identified Child](#)

[Help for Finding a Gender-Critical Therapist](#)

- **First and most importantly, talk to your kids about your family’s perspective on these issues.** You may think your children know what your family believes about a controversial issue, but they may not. Younger children accept what trusted adults tell them, and the drivers behind this sexualization agenda are taking full advantage of that. Teachers and administrators are directly and frequently teaching our children, K-12, things about sex and gender which oppose what many families believe. If you need help having these conversations with your kids, talk with a trusted professional like a pastor, counselor, teacher, or [therapist](#) who has a similar perspective on the issue to yours.
- **Request the syllabus, reading list, and copies of all materials to be used in your child’s classrooms in advance, from every teacher.** Teachers submit lesson plans to their principals, and you can request that those plans be sent to you as well. Be aware that many teachers and staff members are not on board with the public school sex-ed agenda, but they are not free to express dissent and may rightly fear [losing their jobs](#) if they do. Such teachers may prefer to speak with you in person or by phone, rather than create a written record. ([Teacher Curriculum Request Letter](#))
- **Send your principal and cc: your child’s teachers a [Universal Opt-Out Letter](#)** not only for all FLE curricula, but also anything related to human sexuality, transgender issues, homosexuality and/or sexual orientation, family composition, and gender identity. Although parental rights are under assault in schools and nationwide, parents are still the final authorities with respect to their children’s protection and education.
- **Do your research on each of your child’s teachers.** Get teachers’ names from your child or [ParentVue](#), or call the school’s front office to ask for names. Peruse Facebook, Instagram, Twitter, LinkedIn, and/or other social media profiles. See what your child’s teachers discuss, who they follow and like, and who their friends are in the school system and elsewhere. Follow/friend them anywhere you are able to do so. Google them to look for their names in news articles, letters to the editor, or for their group affiliations. It’s usually not very difficult to determine if your child’s teacher has an activist perspective toward anything with which you might be uncomfortable.
- **Sign up to volunteer in your child’s classroom** and to go on field trips whenever possible. If you’re able to be a room parent, do it. If you can volunteer once a month, do it. If your school has a day when parents stuff folders and collate papers, be there every time. The more you are there, the more you will see and hear what is really going on at your school. This is a sacrifice of your time and energy, but there’s nothing like your physical presence to keep the school aware that parents are paying attention.
- **Form a support network with other concerned parents at your school.** If you haven’t yet connected with other like-minded parents, contact your local parents’ rights organization (if you have one), or contact APC and we will work to connect you. Every single Arlington Public Schools (Virginia) school has parents who have joined with APC in concern about the direction our school systems are moving. You are not alone. ([Request School-Specific Parent Connections](#))
- **Sign up** at the [APC website](#) if you haven’t already done so. You’ll receive blog posts and new information from APC as soon as it is posted, and you’ll join hundreds of other parents, in Arlington and around the country, who are pushing back against these systematic, aggressive and unconscionable social engineering experiments.

The Arlington Parent Coalition (APC) is a group of community members in Arlington, Virginia, who are concerned with the health and well-being of children, teens, and young adults being indoctrinated via school curriculum and policy efforts into the belief that they are transgender. Since its inception in March 2019 APC has dedicated its efforts toward fighting for evidence-based school policies that treat all students fairly, and toward helping parents keep their children safe in public schools. For more information about APC and our initiatives, please visit our website at:

<http://www.arlingtonparentcoalition.org>